superiority of IMRT. Our results were not able to confirm which treatment regimen is most optimal. So, further study is needed to confirm the optimal therapeutic regimen.

8574 POSTER

Preliminary Results of IGRT Treatment in Head Neck Squamous Cell Carcinoma − a Jaslok Hospital and Research Centre Experience

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Background: Head and neck cancer (HNC) is an ideal site for high precision radiotherapy technique like IMRT for optimal clinical outcome with reduction in normal tissue toxicity. We report our preliminary results of consecutive head and neck Squamous cell carcinoma (HNSCC) patients treated with intensity modulated radiotherapy (IMRT) with Image guidance by MV cone beam CT scan (CBCT). Analysis was done for the period of February 2009 to October 2010 after the installation of Siemens oncor expression machine in early 2009.
Materials and Methodology: Seventy patients of HNSCC were treated with 6 MV step and shoot IMRT simultaneous integrated boost technique with daily CBCT. The target volumes and organs at risk (OAR) were contoured appropriately as per consensus guidelines. The doses varied from 50 Gy to 70 Gy. Patient factor, tumour factor, treatment parameters and overall survival were analyzed.
Results: IMRT was used in 70 HNSCC patients, 53 (75.7%) males and 17 (24.3%) females. The median age was 57.5 years (range: 28−85 years). The common primary site was oral cavity 22 (31%), followed by larynx 18 (26%), hypopharynx 13 (18%), oropharynx 10 (15%) and the remaining others were para-nasal sinuses 7 (10%). The 76% of patients were in stage III and IV (16, 38) with remaining in stage I & II (2, 14).
Of 70 patients 46 patients were treated with definitive radiotherapy and the remaining 24 received adjuvant radiotherapy. The radiation dose varied from 50 Gy-70 Gy with a median of 70 Gy (70 Gy for definitive and 60 Gy for the adjuvant radiotherapy respectively. Cisplatin based induction chemotherapy (ICT) and concomitant chemotherapy (CRT) was administered in 17 and 26 patients respectively. Sixty seven (96%) patients completed the intended IMRT doses with 2 patients each required hospitalization and gap in radiation due to toxicity. The remaining 3 patients (4%) did not complete the planned treatment doses due to toxicity. Acute Grade 2&3, skin and mucosal toxicity was seen in 41 (60%), 5 (7%) and 45 (66%), 15 (22%) respectively.
After a median follow-up of 10 months, 46 (66%) had no disease, 12 (17%) patient had either persistent disease or locoregional recurrence, 3 (4%) developed distant metastases, 2 (3%) had second primary and 7 (10%) patients were lost to follow up. Grade 1&2 xerostomia was seen in 69% and 6% patients. The overall survival at 18 months is 67% in definitive group and 83% in adjuvant group.
Conclusion: Preliminary results of this cohort of patients show excellent control with acceptable toxicity, using IMRT with image guidance.

8575 POSTER

To Compare Effect of Two Different IMRT Planning Techniques on Parotid Doses in Patients With Nasopharyngeal Carcinoma

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Purpose: To compare effect of two different imrt planning techniques on parotid doses in patients with nasopharyngeal carcinoma.
Material and Methods: Ten patients with nasopharyngeal carcinoma referred to University of Istanbul Cerrahpasa Medical School were planned with arc and static 7 field imrt techniques. Simultaneus integrated boost technique was used to give 70 Gy (2.12 per fraction) to primary tumour and involved nodes 60 Gy(1.81 p/fr) to entire nasopharynx and 54 Gy(1.63 p/fr) to elective lymph nodes. While achiving this, parotid mean dose was less than to 26 Gy and maximum doses to spinal cord and brain stem were limited to 45 and 54 Gy respectively. Mean parotid doses were compared for two planning techniques with paired t test. Target coverage and dose inhomogenity were also evaluated by calculating conformity index (CI) and homogenity index.
Results: Target coverage and dose homogenity were identical and good for both planning techniques. CI; 1.05±0.08 ve 1.05±0.08 − HI; 1.08±0.02 ve 1.07±0.01 for arc and static field imrt respectively. Mean contralateral parotid doses 25.73±4.27 ve 27.73±3.5 ($p = 0.008$), where as ipsilateral parotid doses were 30.65±6.25 ve 32.55±5.93 for arc and ststic field imrt plans. Mean MU for ten patients was considerably lower for arc treatment 540.5±130.39 versus 1288.4±197.28 ($P < 0.001$).
Conclusion: Normal tissue especially parotid gland are better spared with Arc technique. MU is considerably shorter with Arc than IMRT technique for patients with nasopharyngeal carcinoma.

8576 POSTER

Inter-fractional Variation of Neck Lymph Node Target Volume Delineated According to RTOG Guideline

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Background: To evaluate the reproducibility of RTOG guideline based neck lymph node delineation and quantify the relative positional changes in node negative head and neck (H&N) cancer patients and normal control group.
Materials and Methods: Three node negative H&N cancer patients and 5 control group were enrolled in this study. Control group consisted of the healthy volunteers and they did not have any benign or malignant disease in H&N region. Eligible patients had to have a pathologic diagnosis of H&N cancer without lymph node metastasis. For setup accuracy, H&N thermoplastic masks and laser alignment were used in every acquired CT images. Both group had three sequential CT images in every two weeks. RTOG guideline based delineation of all neck lymph node level was done by one physician. C2 vertebral body was used as reference point to match in every CT images. Each sequential CT images and delineated neck lymph node levels were fused with primary image, then maximal radial displacement and differences in volume at each node levels were quantified in every 1.5 cm interval from skull base to caudal margin of neck lymph node Level IV.
Results: In control group and H&N cancer patients, the mean radial displacements were 2.62 mm (1.82 to 3.51 mm) and 3.00 mm (2.07 to 4.22 mm). There was no statistical significance between the groups in terms of mean displacement ($p = 0.155$). Both group had maximal displacement at 10.5 cm inferior from skull base (SB) and neck node level V (control group: 7.5 mm, patients group 11.3 mm). In addition, mean radial displacement was increased with distance from SB level (1.53±0.10 mm at SB, 2.22±0.14 mm at 3 cm, 2.56±0.21 mm at 6 cm, 4.10±0.41 mm at 10.5 cm, $p = 0.002$). For mean volume differences at each node levels, between retropharyngeal and level V lymph node volume changes showed statistical significance ($p = 0.04$). Weight changes in H&N cancer patients does not affect mean displacement ($p = 0.533$).
Conclusion: The results of this study suggest that more generous radial margin should be applied to the lower part of the neck lymph node level.

8577 POSTER

Evaluation of Using CT Gantry Tilt Scan on Head and Neck Patients With Dental Structure − Scans Show Less Metal Artifacts

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Background: The materials of high density create metal artifacts in the computed tomography (CT) scans used for radiation treatment planning(RTP). The metal artifacts from dental structures cause problems in head and neck cancer patients. Metal artifacts impair visualization of tumours and normal tissue, which causes error in the dose calculation by changing the CT number.
If we use CT gantry tilt scan, we can obtain images with reduced artifacts and accurately delineate the volume of various organization. By obtaining the correct CT number, we can minimize the error of dose calculation. The purpose of this paper is to evaluate the usability of the CT gantry tilt scan.
Materials and Methods: CT gantry tilt scanning was performed to avoid metal artifacts from dental structures and transverse images reconstructed from oblique images by gantry tilt scanning using a technique of multi-planar reconstruction(MPR). The reconstructed transverse images were used for the RTP.
By using Rando phantom with and without metal artifact, we created reduce metal artifact by gantry tilt scan image, and studied how it is affected by the metal artifact. Through using the intensity volume histogram (IVH) upon both parotid glands, we compared the homogeneity of CT number and the mean dose through dose volume histogram (DVH).
CT gantry tilt scan was applied to ten head and neck patients with dental structures. Through the acquired reduced metal artifacts images using CT gantry tilt scan, we compared and the metal artifact image, CT number and mean dose.
Results: In the comparison result of IVH using the Rando phantom, we could see that the influence of metal artifacts ware reduced in the gantry tilt scan image, and the homogeneity of the CT number improved. In the comparison of DVH, mean dose of the both parotids is as follows; without artifact (RT: 44.9%, LT: 48.6%), with artifact (RT: 48.5%, LT: 50.2%), and gantry tilt scan (RT: 44.6%, LT: 48.2%), the influence of metal artifacts was reduced in the gantry tilt image.
In comparison result of IVH of 10 patients, the homogeneity of the CT number was improved in the CT gantry tilt scan. In the result of DVH comparison, the mean dose of the both parotid glands showed the difference of 0.2−6%. Such difference in the result is from the error in calculation, as dose distribution was changed by the metal artifacts.